AUGUST 14, 2020 ISSUE 2



Newsletter











Auskickers v Mums

Described to Continue with the annual, much loved, Mums vs Auskickers event which keeps getting bigger and bigger. This year, 65 Mums arrived, suited up in their team colours, and a few even remembered to hydrate with essential pre-game bubbles!

The first challenge was the Kids Team chanting versus Coach Todd's rev-up for the Mums Team. This was no competition as Coach Todd nailed it once again!

Round One saw the Pre-Primaries take on their mums across four separate games. Our youngest members laid some super cute tackle-hugs, put their new skills to use to share the football around their teammates and scored plenty of exciting goals.





Round Two, another five games vs Year 1s and Year 2s, was a little more challenging for the mums! The Auskickers' tackles from these age groups were definitely more fierce than hugs, the handballs more accurate and the kicking more powerful. Although, brilliant displays of skill from the mums shouldn't be overlooked.

It goes without saying that the well organised and seemlessly run committee sundowner, was a post-game highlight! As we don't technically keep score in Auskick, we can say the real winner was.. footy!



Year 6 Round 2

Team In Focus



Great work by volunteers and the Year 6 boys over the past two weekends. It has been a late start to the season, but now everyone is into the full swing of things!I am really impressed by how Year 6 has played as a team and their skillsets have improved from where we finished last year. For training I have been working on using teammates to help the ball down the ground and getting first use by using the right body technique and not reaching but using the body in strong. I'll continue to work on the teams fitness and basic skills but really impressed with the work rate especially with the little preparation that they got this year. Scorers so far this season have included Aaron, Addison, Crix, West, Leo, Connor, Hudson, Adam, Xavier, James and Tyler (11 of 16!!), but the team effort contributing to the goals has been amazing. As always Applecross has shown great sportsmanship and the even up rule is working well. Well done to all and those boys who have played for the other team (almost everyone) and took it in their stride. The focus for this season is to get them playing well as a team and in doing so, gives great results. Chris Bates training session in our (limited) pre-season was fantastic. The boys are transferring the skills they learnt into training and the games. Our next few matches are against tougher opponents and will be a great test to where our team is at. Our Team Manager, Mike Burych has stepped into the role with plenty of vigour and made the coaches job very easy. Our Parents have been great in volunteering and showing some real strong support from the sidelines. Thanks to Mike and the Mum's and Dad's that get down to training and help out on game day.

Coach Kelvin Grace





Year 6





AMPJFC Milestones R2

Taj Lomax Year 10

lecross Mount Pleasant Junior Football Club

Throughout the season AMPJFC proudly recognises the dedication of players who have achieved Game Milestones. Congratulations to the following players:



HAWKS

Flynn Burden Year 11

Year 11 Round 3

Team In Focus



Now THATS the way we want to play!! Perhaps it was way back last week where this win started. The word is there was a few players who were seen smashing out sprints on their own last week trying to improve their own conditioning, or could it have been a sort of morbid silent protest over our team coming so close in Rounds 1 and 2 but failing to get over the line?Perhaps it was Thursdays training session where the boys responded admirably to a solid 90 minute session punctuated with hard sprints and contact drills, never for the faint hearted but designed to push the boys to their limits, where every player put heart and soul on the track, competing with vigour and belief that WE needed to turn the tide ourselves, not wait & pray for a change of fortune. What they served up on Sunday was a powerful display of high intensity pressure cooker football for four quarters. Led by our midfield unit Sam, Luke "Tonka" Yeo, "The Junkyard Dog" Jaxon, and the smooth moving Rolls Royce Caleb Gorman, the boys right across the deck were outstanding from the very first bounce. We knew we were close to the right formula in previous weeks, but we tweaked a few things namely our forward structure, and pleaded with the boys playing inside the forward 50 arc to ratchet up their defensive pressure. In fact we demanded pressure acts all over the ground, with tackle count a key focus point. Our parents will appreciate that in Rounds 1 and 2 we started like a house on fire, smashing out 9 tackles respectively in Q1 in the first two rounds only to finish each game struggling to maintain the rage as we fell away badly. Yesterday the Weet bix must have been laced with Dynamic Lifter as our boys dominated the first quarter, then went on to win convincingly, importantly running out the game with a wet sail and a truckload of tackles. The pleasing thing was the pressure exerted by the collective group from the first bounce.....our opponents didn't have time and space and our boys were relentless at applying blow torch pressure on the ball carrier. It really was beautiful to watch. The other pleasing thing was to witness what can be achieved when every player shoulders the load evenly..... it was really hard to find a player who didn't play his role yesterday and the parents should all be very proud of their sons for ripping into this game with category 5 effort and determination.



Year 4 Gold Round 3 Team In Focus



Round 3 clash AMPJFC v Bullcreek Leeming at Gairloch.

The Year 4 Gold round 3 clash saw us play a strong Bullcreek Leeming side at home in good conditions. Our team has been working hard on fast ball movement and being the loudest team on the ground, which we built on during the game. We got off to a slow start with the Sharks kicking 3 unanswered goals during the first quarter, but we rallied with huge defensive pressure to outplay our opponents for the remaining three quarters in a low-scoring affair – and finally break free with 3 goals of our own in the last quarter. Our future AFLW star Nilasha helped lead our comeback with dozens of tackles and contested ball efforts, ably supported by Luke, Max, Neel and Levi. Sam, Timur, Buda, Pato, Hoppy, Tate, Kados, Wongy and Batesy all chipped in with some hard-running and link-up plays to create space for teammates, whilst Luca and Toby provided strong marking options. Kaelen got busy late in the game, with Jacko bullocking through a pack to get the last goal of the game. The opposing coach remarked at the end of the game he had never come up against such a strong tackling side – something that catches most our opponents by surprise given we are typically outsized each week. All in all it was another great example of Hawks footy from a team with a lot of heart.

Coach Chris Bates







Year 5 Round 4 Team In Focus



The year 5 Hawks played Booragoon at Gairloch Oval on Sunday morning, it was cold, miserable and very wet. Unfortunately we ran into a red hot Booragoon side who gave our boys a lesson in wet weather football.

With Booragoon kicking with a sizeable breeze in the first quarter they got off to a flying start, our backs were under pressure as they piled on the goals.

Unfortunately we couldn't capitalise when it was our turn with the breeze and Booragoon extended their lead at half time. The rest of the game was similar to the first half and we just could not get into the game.

We go away and lick our wounds, hopefully learning from the experience in playing a very good team.

The few highlights included the players playing on with a few injuries, playing a few men down and fighting through to the end of the game. The better players on the day were Paul and Sibs. As a team our major focus this year is trying to be more physical, as we are not a very big side compared to most teams we tend to be pushed off the ball a bit, so we need to learn to use our bodies more in the contest.

We also have been trying to focus on moving the ball quicker to give our forwards more of a chance, playing on when we can and creating space for each other.

We also are trying to make the boys more game aware, thinking of positioning and what they can do when they don't have the ball.

Coach Leon Gurthrie



AMPJEC Sundowner

FRIDAY 28TH AUGUST 5PM @GAIRLOCH

Parents & families please join us

for a 'Whole Club' Sundowner
PARENTS
PARTY NIGHT (Hamburger

(Hamburgers, Hotdog:

& Hot Chips

\$5 Bar Drinks - chea quality wines

- Merchandise for Sal
 - Estpos available

FEATURIN

Handball

and Kicking Auskick, Junior & Yo competitions



Major Sponsor





SUNDAY 18TH OCTOBER 1:30PM @GAIRLOCH

Players, parents families & friends please join us

> SAVE THE DATE





